



Nafsiyat
Intercultural
Therapy Centre

Haringey

IAPT HARINGEY (VARIOUS LANGUAGES)

Let's Talk IAPT (Improving Access to Psychological Therapies) offers free and confidential talking therapies to people aged 16 and over. They can help with a range of common problems including low mood and all anxiety disorders.

Address: Let's Talk IAPT, Crouch End Health Centre, 45 Middle Lane, London, N8 8PH

Tel: 020 3074 2280

Email: lets.talkharingey@nhs.net

Website: www.lets-talk-iapt.nhs.uk

HARINGEY EAST IAPT TEAM

Address: Lansdowne Road Health Centre, 1a Lansdowne Road, Tottenham, N17 0LL

Tel: 020 8808 5833

Fax: 020 8885 6533

Email: lets-talk-haringey-east@nhs.net

HARINGEY WEST IAPT TEAM

Address: 45 Middle Lane, Crouch End, Tottenham, N8 8PH

Tel: 020 3074 2280

Fax: 020 3074 2301

Email: lets-talk-haringey-west@nhs.net

DERMAN COUNSELLING (TURKISH MEN)

Address: The Basement, 66 New North Road, London N1 6TG

Tel: 020 7613 5944

Tel/Fax: 020 7739 7893

Email: services@derman.org.uk

Website: www.derman.org.uk

Mental health services: Tel: 07956 495 427, Monday to Friday between 9.00 – 13.00 pm.

Advice: 07921 327 476 Mondays between 13:30 – 16:30,

Wednesdays between 9.30 – 13.00 and Fridays between 9:30 – 13:00 pm.

Service: Offer counselling and advice on a range of issues.

IMECE WOMEN'S CENTRE (TURKISH WOMEN)

Address: 2 Newington Green Rd, London N1 4RX

Tel: 020 7354 1359

Email: info@imece.org.uk

Website: www.imece.org.uk

Service: Provide counselling and a range of other services.



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FARSOPHONE ASSOCIATION

Address: Edgware Library, Hale Lane Edgware, HA8 8NN

Tel: 020 8905 5522, 02089512004

Mobile: 07914 965 511

Email:

- General inquiries - info@farsophone.org.uk
- Welfare and Legal Service - advice@farsophone.org.uk
- Counselling and Psychotherapy - counselling@farsophone.org.uk

Website: www.farsophone.org.uk

Services: Counselling, Welfare and legal advice as well as other services.

MIND IN HARINGEY

Address: 73C Stapleton Hall Road, London N4 3QF

Tel: 020 8340 2474

Website: www.mindinharingey.org.uk

Services: Counselling, advice, life skills activities and other services

WATERLOO COMMUNITY COUNSELLING (VARIOUS LANGUAGES)

Address: Greet House, Frazier Street, London SE1 7BD

Tel: 020 7928 3462

Email: info@waterloocc.co.uk

Website: www.waterloocc.co.uk

Services: Counselling in different languages