



**Nafsiyat**  
Intercultural  
Therapy Centre

## Haringey

### IAPT Haringey (various languages)

*Let's Talk IAPT (Improving Access to Psychological Therapies) offers free and confidential talking therapies to people aged 16 and over. They can help with a range of common problems including low mood and all anxiety disorders.*

[www.lets-talk-iapt.nhs.uk](http://www.lets-talk-iapt.nhs.uk)

45 Middle Lane, Crouch End, Tottenham, N8 8PH

Tel: 020 3074 2280

Fax: 020 3074 2301

Email: [lets.talkharingey@nhs.net](mailto:lets.talkharingey@nhs.net)

### Derman Counselling (Turkish Men)

[www.derman.org.uk](http://www.derman.org.uk)

[services@derman.org.uk](mailto:services@derman.org.uk)

The Basement, 66 New North Road, London N1 6TG

Tel: 020 7613 5944

Tel/Fax: 020 7739 7893

### Imece Women's Centre (Turkish Women)

[www.imece.org.uk](http://www.imece.org.uk)

[info@imece.org.uk](mailto:info@imece.org.uk)

2 Newington Green Rd, London N1 4RX

Tel: 020 7354 1359

### Farsophone Association

[www.farsophone.org.uk](http://www.farsophone.org.uk)

156 Golders Green Road within Golders Green Library, Finchley, London

Tel: 020 8905 5522

### Mind in Haringey

73C Stapleton Hall Rd, London N4 3QF

Tel: 020 8340 2474

### Waterloo Community Counselling (Various languages)

[www.waterloocc.co.uk](http://www.waterloocc.co.uk)

Greet House, Frazier St, London SE1 7BD

Tel: 020 7928 3462